

ABSTRACT

Budi Agung Sugiharto, NIT 51145531.K, 2018, "Optimization of Occupational Health and Safety Programs on Workers Expediting Shiploads Cargo Port of Tanjung Intan Cilacap", Mini Thesis Port and Shipping Departement, Diploma IV Program, Semarang Merchant Marine Polytechnic, Supervisor (I): Irma Shinta Dewi, S.S., M.Pd, and as Methodologi and Supervisor (II): Vega Fonsula Andromelda, S.ST., S.Pd.

PT. Nusa Ampera Indah is engaged in services in transportation management or EMKL (Marine Ship Expedition). In this work, Occupational Health and Safety is very important and needs to be considered in its implementation. At PT. Nusa Ampera Indah Cilacap the implementation of occupational health and safety of shiploading expedition work is still not fully implemented. The purpose of this study was to determine 1) the OHS program that was implemented, 2) the factors that hindered the implementation of the OHS program that was implemented and 3) the efforts taken so that the implementation of K3 on shiploading expedition workers could run well and maximally.

The study used a qualitative descriptive method to describe and describe the object under study. This method aims to get a comprehensive and clear picture in detail about the implementation of the occupational health and safety program of the shiploading expedition workforce implemented by PT. Nusa Ampera Indah Cilacap. Data collection methods used are interview techniques, observation techniques, and documentation techniques.

The results of the research carried out, showed the Occupational Health and Safety program (K3) applied by PT. Nusa Ampera Indah Cilacap is the Occupational Health and Safety Management System (K3) based on Government Regulation Number 50 of 2012 with K3 Policy guidelines, K3 Planning, Implementation of OHS plans, K3 performance monitoring and evaluation, OHS performance review and improvement. The constraints encountered in the implementation of the Occupational Health and Safety program were the lack of education and understanding of the importance of occupational safety and health and accidents on the road caused by outsiders. Efforts were made to overcome the obstacles encountered in the implementation of the OHS program by conducting safety meetings before carrying out the work and providing K3 training routinely.

Keyword: *Application, Occupational Safety and Health, EMKL.*