



THREE-MONTHLY FULL BODY HARNESS INSPECTION FORM
FORMULIR INSPEKSI 3-BULANAN FULL BODY HARNESS

Document Number
 FOM OHS 90S
 Revised
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Location / Lokasi	Jetty	Date & Time / Tanggal & Waktu	30/03/16	Person in Charge of Inspection/ Penanggung Jawab Inspeksi	Chamim
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- All Full Body Harness must be inspected individually / Semua Full Body Harness harus diperiksa secara tersendiri
- If a Full Body Harness (including lanyard) is in bad condition and is not safe to use, it must be destroyed and disposed of immediately / Jika Full Body Harness (termasuk talinya) dalam kondisi buruk dan tidak aman untuk digunakan, harus dihancurkan dan diganti segera
- A Full Body Harness must be stored clean in a well ventilated place, protected from direct sunlight, ultraviolet degradation, damp environment, sharp edges, extreme temperatures and corrosive or aggressive substances / Full Body Harness harus disimpan bersih di tempat yang berventilasi baik, terlindungi dari cahaya matahari langsung, degradasi ultraviolet, tempat lembab, bagian tajam, suhu ekstrim dan bahan berkarat atau agresif
- There are many hazards that may affect the performance of the equipment and corresponding safety precautions that have to be observed during equipment utilization especially:
 Ada banyak bahaya yang dapat mempengaruhi kinerja peralatan dan perhatian khusus keselamatan terkait yang harus dilaksanakan terutama pada saat penggunaan peralatan, sbb:
 - trailing or looping of lanyards or lifelines over sharp edge, Bahaya tersangkut atau terkait tali di ujung-ujung tajam,
 - any defects like cutting, abrasion, corrosion, Kerusakan seperti terpotong, aus, karat,
 - pendulum falls, Jatuhnya pendulum,
 - extremes of temperature, Suhu ekstrim,
 - chemical reagents, Reaksi kimia,
 - electrical conductivity, Konduktivitas listrik.
- A Full Body Harness must be withdrawn from use when:
 Sebuah Full Body Harness harus ditarik dari peredaran apabila:
 - Full Body Harness was used for more than 5 years from the date of putting in operation, Full Body Harness telah digunakan lebih dari 5 tahun sejak tanggal dioperasikan,
 - Full Body Harness was used to arrest a fall, Full Body Harness telah digunakan untuk mencegah kejatuhan,
 - Any mechanical, chemical or thermal defect have appeared. Sebarang kerusakan mekanis, kimia atau termal telah muncul.

Full Body Harness Examination
 (Panduan Pemeriksaan Fisik Full Body Harness)

Full Body Harness Brand-Type (Merek-Tipe Full Body Harness)	Protecta	Protecta	Protecta	Protecta	Karam	Karam	
Full Body Harness Serial Number (Nomor Seri Full Body Harness)	864	807	869	859	838	097	
Operation Implementation Date (Tanggal Penggunaan Operasi)	11/10/12	11/10/12	11/10/12	11/10/12	3/7/15	3/7/15	
Location (Lokasi)	Jetty	Jetty	Jetty	Jetty	Jetty	Jetty	
Webbing/Strap Condition (Kondisi Sabuk)	good	good	good	good	good	good	
Buckle Condition (Kondisi Gesper)	good	good	good	good	good	good	
Sewn Condition (Kondisi Jahitan)	good	good	good	good	good	good	
General Condition (Kondisi Umum)	good	good	good	good	good	good	

Safety Lanyard Examination – Length up to 2 Meters
 (Panduan Pemeriksaan Fisik Tali Lanyard Keselamatan – Panjang Max 2 Meter)

Polyamide Rope Condition (Kondisi Tali Polyamid)	good	good	good	good	good	good	
Seam Condition (Kondisi Sambungan)	good	good	good	good	good	good	

Snap Hook Examination
 (Panduan Pemeriksaan Fisik Pengait)

Body, Gate, Locking Gear Condition (Kondisi Tubuh, Gerbang, Alat Pengunci)	good	good	good	good	good	good	
Still Safe to Use? Masih Layak Digunakan?	<input checked="" type="checkbox"/> Yes / Ya <input type="checkbox"/> No / Tidak	<input checked="" type="checkbox"/> Yes / Ya <input type="checkbox"/> No / Tidak	<input checked="" type="checkbox"/> Yes / Ya <input type="checkbox"/> No / Tidak	<input checked="" type="checkbox"/> Yes / Ya <input type="checkbox"/> No / Tidak	<input checked="" type="checkbox"/> Yes / Ya <input type="checkbox"/> No / Tidak	<input checked="" type="checkbox"/> Yes / Ya <input type="checkbox"/> No / Tidak	<input type="checkbox"/> Yes / Ya <input type="checkbox"/> No / Tidak

Remarks Catatan	
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Note : **G** = Good condition **B** = Bad/ Poor condition **F** = Fair condition **U** = Unknown